



Quarterly Newsletter

April – June 2024



MCA Office Hours

Mondays – Thursdays

9AM – 5PM

Fridays

9AM – 4 PM (by appointment only)

MCA Office Closures

Monday, April 1, 2024

Monday, May 20, 2024

In this Issue

pg. 2 -- MCA Events

pg. 3 -- MCA Programs and Services

pg. 4 – 6 -- Cultural Awareness Facts – Indigenous

pg. 7 – 8 -- Community Events

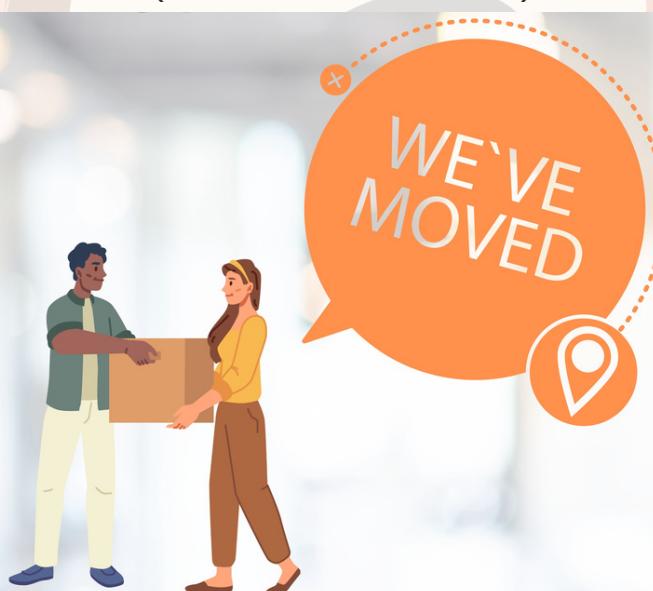
pg. 9 -- Community Resources

pg. 10 – 12 -- Multicultural Calendar
(April – June 2024)

pg. 13 – 14 -- MCA Member Marketplace

WE HAVE MOVED!

You can visit our new office at the Syncrude Sport & Wellness Centre (9908 Penhorwood St.) in room 1312



Visit us at our new location:
9908 Penhorwood St, Fort McMurray, AB
(Syncrude Sport and Wellness Centre,
Room 1312)



Artist: Phoenix Lily-Rose Fountain

Age 16

Born in Fort McMurray, Indigenous from Fort McKay

Textured Acrylic on canvas

This piece was painted to symbolize the Gift of Family and knowledge that Home Is where the Heart is. It represents the nourishment of the Whole, the Hub of Unity and Beginnings.

FOLLOW US ON SOCIAL MEDIA!





Quarterly Newsletter

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9AM - 5PM

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MCA Events

Multicultural Day Festival

Saturday, June 1, 2024

Join MCA for an afternoon of delicious cultural cuisine, exciting performances and activities for the whole family to enjoy!

The Multicultural Day Festival will be held for it's third annual celebration that highlights the diverse cultural groups in our region.

For more information, please visit
mcawb.org/multiculturalism-day

Location: Heritage Village Park

Time: 11 AM - 4 PM



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April - June 2024

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Mondays - Thursdays

9AM - 5PM

Fridays

9AM - 4 PM (by appointment only)



MCA Programs and Services

NOTARY CLINIC for Immigrants



Last Saturday of every month

10:00AM - 12:00PM

Syncrude Sport & Wellness Centre (Room 1312)



Notary Clinic

The MCA offers a free Notary Clinic on the last Saturday of every month to help immigrants and newcomers notarize their documents.

The Clinic helps with documents such as

- Travel document applications
- Police record certifications
- Commissioning documents

And more!

For more details, please call us at **(780) 791-5186** or email us at welcome@mcawb.org. You can also check out our website at mcawb.org/notary-clinic for information on what to bring, what we can notarize, and other details.



Interpretation & Translation Services

(780) 791-8960

iandt@mcawb.org

Visit mcawb.org/language-services for more information!

Translation Services



The Multicultural Association of Wood Buffalo offers translations of documents for **Individuals & businesses in over 45 languages**



Translate documents for **Legal, Medical, Business, Personal, Technical, Education, Material** and more!

Interpretation Services



Community Interpreters assisting individuals and businesses through cross-cultural communication in **over 25 languages**



Face-to-face or over-the-phone interpretation available



24 Hour Availability*



Certified Interpreters Available

Cultural Awareness Facts



Indigenous Culture

Would you like to see your culture featured in the next MCA Newsletter?

Contact communications@mcawb.org to learn how!

Did You Know?

- The Regional Municipality of Wood Buffalo resides on Treaty 8 territory, which is the traditional, ancestral and gathering place of the Cree, Dené and Métis. The MCA acknowledges all of the many First Nations, Métis and Inuit people whose footsteps have marked these lands for centuries.
- Canada recognizes three distinct groups of Indigenous peoples: First Nations, Inuit and Métis. Each of these groups have their own unique histories, languages, cultural practices and spiritual beliefs.

- There are around 50 historic Indigenous nations in Canada, which further split into over 600 smaller bands that reside throughout the country.
- The Four Directions teachings of the Medicine Wheel is properly known in smudging ceremonies. In some cultures, four elements are represented in parts of the ceremony: Fire (the burning of sacred herbs), Earth (the herbs themselves), Air (feathers used to fan the smoke, or the smoke itself), Water (the vessel to carry the herbs).

Cree to English

Tansi - Hello
Hiy hiy - Thank you

Dené to English

Marci cho - Hello
Edlanet'e - Thank you

Why we do land acknowledgements in Canada

A formal land acknowledgement shows your recognition and respect for Indigenous Peoples and their lands, in the context of the past, present, and future.

Treaty Acknowledgment example: We acknowledge we are on Treaty 8 Territory, a traditional meeting grounds, gathering place, and travelling route to the Cree, Dene, and Metis. We acknowledge all the many first nations, Metis and Inuit whose footsteps have marked these lands for centuries

Indigenous Elder Protocols

When Inviting an elder to conduct a land acknowledgement, it is extremely important that they are treated with respect and their needs are seen to before, during, and after a ceremony. It is customary to provide an honorarium to the elder for their time, knowledge, and teachings they provide.

- Travel arrangements: Be prepared to cover travelling costs or inform them who will be picking them up.
- Food & beverages: Find out in advance if the elder has allergies, dietary requirements if they are invited to stay for breakfast, lunch or dinner. In some cultures it is customary for the elder food to be served to them. Some elders will not participate in events where alcohol is being served; be sure to include this information when extending the invitation.
- Elder contact: When contacting an elder, remember that a phone call is better than an Email. Elders often rely more on the spoken word than the written word and some elders don't have any access to a computer. Always follow up with your elder about the event, meeting etc. Be Prepared that you may have to cancel due to community events or health issues. If you have an Indigenous liaison handy please allow them to contact their elders respectfully.
- Elders may include smudging as part of the acknowledgement so ensure the facility is alerted in advance if asked. On the time of arrival, have someone at the front door of the building to greet the elder.



Cultural Awareness Facts



Indigenous Culture

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Indigenous Elder Protocols continued...

- Do not assume that they will shake hands. As you are introducing yourself, wait to see if they offer their hand. At large events consider having a quiet room where the elder can prepare for the smudge or blessing, rest after travelling or before returning to their home.
- Have a snack and a drink (water, tea or coffee) available upon their arrival. If it is midday or evening, plan to have a meal available.
- During a ceremony, everyone stands and hats are to be removed, head bowed, hands by side or clasped in front of you. Don't sit down until you are sure the elder has finished speaking. Do not talk, text or take phone calls during the ceremony. Be in the moment and ask the group or audience to also be in the moment.
- ***It is important to remember that each Indigenous community is unique in their culture, traditions, and history so each community will have their own protocols.***

Smudging and The Four Sacred Medicines

Smudging is a ceremony practiced by many Indigenous peoples that involves the burning of one or more of the Sacred Medicines (tobacco, sage, cedar, sweetgrass). It is to purify a space and/or to release negative thoughts, emotions and energy. Smudging also reduces the levels of bacteria in a room. Smudging can be used before an event meeting or cleansing a home or area that will be used.

Sweet Grass: used in smudges , healing or talking circles. The smoke reminds people of gentleness, love and kindness she has for people. When used in a circle it has a calming affect.

Tobacco: the first plant that the Creator gave to the Native peoples. It is considered a sacred plant with healing and spiritual benefits used in sweats and placing prayers on journeys.

Sage: To prepare people for ceremonies and teachings, it is stronger than sweetgrass and used more often. The smoke is believed to purify thoughts the environment and eliminate bad or negative thoughts.

Cedar: Like sage and sweet grass, it is to cleanse the area . When cedar and tobacco are combined, it crackles calling of the spirits and what is being offered. Also used in sweat lodges, the branches of cedar are to circle and cover the lodge.

For woman who are on their moon time (monthly) we ask to not participate in the smudge but to cross your arms and thank mother earth.



Cultural Awareness Facts



Indigenous Culture

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Indigenous Cuisine

Much of Indigenous cuisine has traditionally derived from natural means, be it through hunting, trapping and fishing to gathering wild vegetables and fruits. One of the most widely-recognized Indigenous recipes, Bannock, was traditionally baked on a stone (also known as a bannock stone, where the recipe got its name). It can be served in a variety of ways, including on a stick, alongside other meals, or even on its own with jam, honey, butter and lard.

The following recipe, dandelion jelly, is naturally derived and has many health benefits, including aiding in digestion and is high in potassium and vitamins. On their own, dandelions are a good source of calcium, folate, and iron.



Dandelion Jelly

Ingredients:

- 2 cups dandelion petals, lightly packed
- 4 cups water
- 4 cups sugar
- 2 tablespoons lemon juice
- 1 box powdered pectin

Directions:

1. Cut the green part of the flower off and place petals into a quart canning jar.
2. Pour 4 cups of boiling water over the flower petals. Allow them to cool and then place into the fridge for 24 hours.
3. Strain the flowers well and squeeze out as much dandelion tea as possible.
4. Place into a large pot 3 & 1/2 cups of dandelion tea, lemon juice, and pectin. Bring to a boil.
5. Add sugar and return to a boil while stirring. Boil the jelly for 1-2 minutes.
6. Remove from the heat and pour into canning jars. Process for 10 minutes in a boiling water bath canner or according to your altitude.

Community Events



Would you like your event featured in the next MCA newsletter?
Contact communications@mcawb.org to learn how!

Seniors Walk in Anzac

TUESDAY'S & THURSDAY'S 11AM-1PM

Complimentary Coffee & Tea
No Charge Indoor Track Access
55+

ANZAC RECREATION CENTRE

CNOOC

Seniors Walk in Anzac

Tuesday's & Thursday's from 11am - 1pm

Every Tuesday & Thursday from 11:00am-1:00pm Seniors can walk the track at no charge with complimentary coffee & tea service!

Located at Anzac Recreation Centre.

Wednesday Evening Craft Nights

April 3, 10, & 17

Join Peggy every Wednesday from 6 - 8pm for traditional crafts, holiday crafts and beading. Open to all community members 60+.

For more information contact Peggy at 780-598-3575

Located at Fort McKay Elder's Centre

Wednesday Evening Craft Nights



Urban Nistawayaw Night Market

April 19

Come out and enjoy an enchanting evening of shopping, food, and fun at the Urban Night Market! Hosted at the Stonebridge Hotel, located at 9713 Hardin Street, this is an event you won't want to miss.

Whether you're looking for unique gifts, delicious eats, or just a great way to spend your evening, you'll find it all here. With a wide variety of vendors, there's something for everyone!

Got questions? We've got answers! Email us at urbanmarket2024@gmail.com for more information.

URBAN NISTAWAYAW NIGHT MARKET

FRIDAY APRIL 19
3 TO 8 PM

STONEBRIDGE HOTEL
9713 HARDIN ST

Community Events

Would you like your event featured in the next MCA newsletter?
Contact communications@mcawb.org to learn how!



FORT MCMURRAY TRADE SHOWS
Spring 24
TRADESHOW & ARTISAN MARKET
APRIL 26-28, 2024
www.FortMcMurrayTradeShows.com
@ MacDonald Island Park
780.743.3100 | tradeshows@fortmcmurraychamber.ca

Spring 2024 Tradeshow & Artisan Market

April 26 - 28

Fort McMurray Tradeshows is bringing together makers, creators, and artists – the services you need, the goods you want, and some innovative products you never imagined existed.

Here you can find everything you need to make the absolute most of these many exciting opportunities.

Whether you're a vendor, looking to generate leads and build relationships, or a visitor attending our shows and enjoying the many wonderful things to do in the Wood Buffalo region, you will find helpful information and links throughout this site:

<https://www.fortmcmurraytradeshows.com/>

Community Resources



Would you like your event featured in the next MCA newsletter?
Contact communications@mcawb.org to learn how!



Women's Empowerment Gathering Self Defense Course

April 4, 11, 18

Trauma informed educators and instructors combine Indigenous culture, female wisdom and experiences with training and expertise for self defense. A series of 6 sessions.

For more information or questions call Carlee Myette 780-715-6093 or Carlee.Myette@atchn.ca.

Located at Janvier Community Multiplex from 5 - 7 pm

CMHA Recovery College

Sessions available between April 4 - 25, 2024

Recovery College Wood Buffalo is offering classes through in-person delivery. Recovery College Wood Buffalo offers courses for anyone: youth, and family, friends, and parents. You can easily find the course that is right for you. These courses are developed and delivered in partnership with peer supporters and students. These are individuals who are experts by experience with personal stories of mental health, substance use concerns, or support for a loved one.

To learn more about Recovery College Wood Buffalo, please visit
<https://recoverycollegewoodbuffalo.ca>



April Schedule

Thursday:

Compassionate Communications
(In Person)

April 4, 11, 18 & 25
10 AM - 12 Noon

Support Groups
Supporting Hearts

April 8, 2024
6:00 PM - 7:00 PM



Circle of Connection
April 9, 2024
10 AM - 12 PM

Class schedule subject to change, see website
for most up to date information

WISP Employer Information Sessions

April 18, May 16, & June 20

Fort McMurray Wood Buffalo employers are invited to come and learn about the Workforce Immigration and Support Program (WISP).

WISP Employer Sessions cover the following:

- Rural Renewal Stream Overview
- Rural Renewal Stream Criteria
- Rural Renewal Stream Process
- Employer Resources
- Q & A



maccalendar.ca/events/wisp-employer-information-sessions/

Community Resources



Would you like your event featured in the next MCA newsletter?

Contact communications@mcawb.org to learn how!

Board Decision Making & Conflict of Interest

This workshop dives into the decision-making dynamics of nonprofit boards and how conflict of interest plays in.

Date: Tuesday, May 7, 2024

Time: 1:00-4:00pm

Facilitator: Jennifer Beyer

Fee: \$15/person

Location: AirCon Training & Development Room
20 Riedel Street, 2nd Floor

Board Decision Making & Conflict of Interest Workshop

May 7

This workshop dives into the decision-making dynamics of nonprofit Boards and how Conflict Of Interest (COI) plays in. We explore what should be incorporated in bylaws and policies for Alberta Societies.

Ideal for existing or potential nonprofit Board members and those aiming to refine their bylaws, attendees will understand the nature of Board decision processes and the basics of COI.

Located in the AirCon Training and Development Room at Fusesocial from 1 - 4pm.

Mastering AGMs & Member Engagement Workshop

May 8

Dive into the significance of Annual General Meetings (AGMs) as an instrument for enhancing member engagement and meeting Alberta Societies Act requirements.

This session is ideal for those seeking clarity on AGM-related bylaws, aiming to strengthen member involvement, or addressing membership concerns. Attendees will learn the essentials of nonprofit bylaws related to AGMs and understand AGMs' role in member engagement.

Mastering AGMs and Member Engagement

Dive into the significance of Annual General Meetings (AGMs) as an instrument for enhancing member engagement and meeting Alberta Societies Act requirements.

Date: Wednesday, May 8, 2024

Time: 9:00am-12:00pm

Facilitator: Jennifer Beyer

Fee: \$15/person

Location: AirCon Training & Development Room
20 Riedel Street, 2nd Floor



Multicultural Calendar

April 2024

You can also find our Multicultural Calendar on our website at any time by visiting [mcawb.org/multicultural-calendar!](http://mcawb.org/multicultural-calendar)

Monthly Observances

- Multicultural Communications Month (International)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1  Easter Monday Christian  April Fools Day Canada, UK, USA  Family Day South Africa	2  Jalál (2nd Month) Bahá'í  World Autism Awareness Day International	3	4	 Ch'ing Ming Festival China, Taiwan  Independence Day Senegal	 Organization of The Church Christian  Laylat al-Qadr Islam  Chakri Day Thailand	6  World Health Day UN
7  Ugadi Hindu, India, Mauritius, Nepal	8   Eid-ul-Fitr Islam	9	10	11	12 DAY OF PINK International	13   Songkran/New Year Cambodia, India, Myanmar, Sri Lanka, Thailand   Baisakhi Bangladesh, Hindu, Sikh  Bown Pinai / New Year Laos	
14	15  Adam's Peak Pilgrimage Sri Lanka	16  Emancipation Day USA	17  Ram Navami Hindu  Independence Day Syria	18  Independence Day Zimbabwe	19	20	
21   Mahavira Jayanti Jain   Feast of Ridvan (thru May 1) Bahá'í  Kartini Day Indonesia	22 EARTH DAY International   Pesach/Passover (April 23 - 30) Jewish  St. George's Day Christian  National Sovereignty & Children's Day Turkey	23  Martyr's Day Armenia  Administrative Professionals Day Canada, USA	24	25  Anzac Day Australia, New Zealand  Daughter/Son to Work USA  Liberation Day Italy  Gathering of Nations Pow Wow (April 25 - 27) Indigenous, USA	26  Arbor Day USA	27  Jamál (3rd Month) Bahá'í  Freedom Day South Africa  Kings Day Netherlands  Independence Day Togo	
28	29  Showa no hi Japan	30  Gahambar Maidyozaarem (April 30 - May 4) Zoroastrian  Walpurgis Night Sweden					



Multicultural Calendar

May 2024

You can also find our Multicultural Calendar on our website at any time by visiting [mcawb.org/multicultural-calendar!](http://mcawb.org/multicultural-calendar)

Monthly Observances

- Asian Heritage Month (Canada/USA)
- National Older Peoples Month (USA)
- Jewish Heritage Month (Jewish)
- May Hopi Kachina Dances (Hopi Indigenous)
- April-May Iroquois Strawberry Season (Iroquois Indigenous)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 ▲ Beltane Pagan, Wicca ■ Vappu Day Finland ■ Santa Cruzan Day Philippines ■ Matsu Festival China, Taiwan ● Labour Day International	2 ▲ Maundy Thursday Christian - Coptic & Eastern Orthodox ■ National Day of Prayer USA	3 ✓▲ Holy Friday Christian - Coptic & Eastern Orthodox ■ Constitution Day Japan, Poland ● World Press Freedom Day UN	4 ■ Midori no hi Japan ■ Memorial Day Netherlands
5 ✓▲ Pasha/Easter Christian - Coptic & Eastern Orthodox ■ Mother's Day Portugal, Spain ■ Kodomo no hi Japan ■ Yom HaShoah Israel, Jewish ■ Cinco de Mayo Mexico ■ Liberation Day Netherlands	6 ■ Easter Monday Christian - Coptic & Eastern Orthodox ■ May Day Bank Holiday Ireland, UK	7	8	9 ▲ Ascension Christian ■ Victory Day Russia ■ Liberation Day Channel Islands	10 ▲ Akshaya Tritiya Jain	11
12 ■ Mother's Day Canada, USA ■ Yom Hazikaron (Memorial Day) Israel	13 ■ DayYom HaAtzma'ut Israel ■ Our Lady of Fatima Portugal	14 ■ Independence Day Paraguay	15 ■ Buddha's Birthday Buddhist, Hong Kong, Korea ● Int'l Day of Families International	16 ▲ Ázamat (4th Month) Bahá'í	17 ■ Constitution Day Norway ● International Day Against Homophobia LGBTQ2S+ ● World Information Society Day UN	18 ■ Armed Forces Day USA
19 ▲ Pentecost Christian ■ Indigenous Awareness Week (May 19 - 25) Greece, Turkey ■ Ataturk Commemoration Sports Day Greece, Turkey	20 ✓■ Day of the Patriots - Quebec Canada ✓■ Victoria Day Canada ■ Gawai Dayak Malaysia ■ National Day Cameroon	21 ■ Navy Day Chile	22 ■ National Day Yemen	23 ✓▲ Wesak Buddhist, Korea, Sri Lanka, Vietnam ▲ Declaration of Báb Bahá'í ■ Labour Day Jamaica	24 ■ Bermuda Day Bermuda ■ Independence Day Eritrea	25 ■ Revolution Day Argentina ■ Lad BaOmer Jewish ■ Independence Day Jordan ● African Liberation Day International
26 ■ National Sorry Day Australia ■ Mother's Day France, Sweden ■ Independence Day Guyana ■ Independence Day Georgia	27 ✓■ Memorial Day USA ■ Spring Bank Holiday UK	28	29 ✓▲ Ascension of Bahá'u'lláh Bahá'í ● United Nations Peacekeepers Day UN	30 ■ Joan of Arc Day France	31 ● World No-Tobacco Day UN	



Multicultural Calendar

June 2024

You can also find our Multicultural Calendar on our website at any time by visiting mcawb.org/multicultural-calendar!

Monthly Observances

- National Indigenous History Month (Canada)
- 2SLGBTQ+ Pride Month (Australia/Canada/USA)
- National Caribbean American Heritage Month (USA)
- Red Earth Fair (Indigenous/Canada/USA)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 █ Children's Day Laos █ Independence Day Samoa █ Global Day of Parents UN
2	3 █ Republic Day Italy █ June Bank Holiday Ireland	4 ▲ Núr (5th Month) Bahá'í █ Int'l Day of Innocent Children Victims of Aggression UN	5 █ Constitution Day Denmark █ Yom Yerushalayim Israel █ World Environment Day UN	6 █ National Day Sweden	7 █ Red Earth Native American Fair Indigenous, USA █ Labour Day Bahamas	8 █ World Oceans Day UN
9	10 ▲ Martyrdom of Guru Arjan Dev Sikh █ Portugal Day Portugal █ Dragon Boat Festival China, Hong Kong	11	12 ✓ ▲ Shavuot Jewish █ Russia Day Russia █ Independence Day Philippines █ World Day Against Child Labour UN	13 ▲ Ascension Christian - Coptic & Eastern Orthodox	14 █ Flag Day USA	15 █ Trooping the Colour England, UK
16	17 ▲ Day of Hajj (Day of Arafat) Islam █ Father's Day Canada, UK, USA █ World Day to Combat Desertification & Drought UN	18	19 ✓ ▲ Eid-ul-Adha Islam █ Independence Day Iceland	20 SUMMER SOLSTICE International	21 ▲ Litha Pagan, Wicca █ National Day Greenland █ National Indigenous People's Day Canada, Indigenous	22 █ Int'l Day of Yoga UN
23 ▲ Pentecost Christian - Coptic & Eastern Orthodox ▲ Rahmat (6th Month) Bahá'í █ National Day Luxembourg █ Public Service Day UN	24 █ Inti Raymi Peru █ Dia de San Juan Puerto Rico	25	26 █ Independence Day Madagascar █ Int'l Day in Support of Victims of Torture UN █ Int'l Day Against Drug Abuse & Trafficking UN	27	28 █ Matarki Indigenous/Maori, New Zealand █ Stonewall Rebellion LGBTQ2S+	29 ▲ Gahambar Maidyoreshem Zoroastrian
30 █ Independence Day Congo	█ St. Jean Baptiste Day (Quebec) Canada	█ Independence Day Croatia				



Member Marketplace

Cultural Artisans



K&K Mining Canada
kkminingcanada.ca



Sunday Coffee Roaster
facebook.com/handcraftedspecialitycoffeeandtea



Fusion K Foodies
8302 Fraser Ave (Bay 4)
Fort McMurray, AB



Cuckoo for Cookies
cuckooforcookies.com



Rajasthan Creations
Rajasthancreationsbypurva@gmail.com



Ginger's Bannock House
facebook.com/GingersBannockHouse



Balloon Moose Studio
www.facebook.com/Balloonmoosestudio



**Fort McMurray
Métis Trading Post**
themetistradingpost.ca



Nayti Food Trip Et.al



Oh My Goods
www.facebook.com/OhmygoodsAna/



Tobacco & Tulips Beadwork
www.facebook.com/profile.php?id=100084677594684



Desi Meal Time
www.facebook.com/OhmygoodsAna/



Rings N Tings
ringsntings@outlook.com



Member Marketplace

Cultural Groups



Fort McMurray Avrora
Ukrainian Dancers
fortmcmurrayavroradancers.wordpress.com



Canadian Fiji Association
cfaoa.weebly.com/



Bangladesh Association
of Fort McMurray



Ethiopians in Fort McMurray
Ethiopiansinfortmcmurray@gmail.com



Fort McMurray
Chinese-Canadian Society
<https://www.facebook.com/fmChinese>



Palestinian Group
mahmoud.m.elatbash@hotmail.com



Botswana Cultural Association
violetmalatsi@gmail.com



Member Marketplace

Community Resources and Organizations



**United Way Fort McMurray
& Wood Buffalo**

www.fmwbunitedway.com
info@fmwbunitedway.com
780.791.0077



RMWB Pulse Line
780.743.7000



YMCA of Northern Alberta
northernalberta.ymca.ca

**Immigration &
Settlement Services**
newcomers@northernalberta.ymca.ca



Wood Buffalo Housing
wbhousing.ca
info@wbhousing.ca
780.799.4050



Wood Buffalo Food Bank
woodbuffalofoodbank.com
ea@woodbuffalofoodbank.com
780.743.1125



The Hub Family Resource Centre
thehubfrc.ca
inquiries@thehubfrc.ca
780.743.9225



McMurray Regional Law Office
www.donscottlaw.ca
info@mcmurrayregionallaw.ca
780.750.9888



**of Northern Alberta
Girls Inc.**
girlsincnofnorthernalberta.org
780.790.9236



Fort McMurray Airport
flyymm.com
780.793.8979



Fort McMurray Public School District
www.fmpsdschools.ca
info@fmpsd.ab.ca
780.799.7900



KidSport
kidsporcanada.ca/alberta/wood-buffalo/
woodbuffalo@kidspor.ab.ca
780.790.9236



CMHA - Wood Buffalo
woodbuffalo.cmha.ca
adminassistant@woodbuffalo.cmha.ab.ca
780.743.1053

fusesocial
Fusesocial
www.fusesocial.ca
780.791.9333