

# Quarterly Newsletter

October - December 2025

**MCA Office Hours**  
**Mondays - Thursdays**

9AM - 5PM

**Fridays**

(by appointment only)

**MCA Office Closures**

Monday, October 13

Tuesday, November 11

December 22 - January 4 2026



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**“Human Rights education is much more than a lesson in schools or a theme for a day; it is a process to equip people with the tools they need to live lives of security and dignity.”**

**Kofi Annan**





# Upcoming Events



**November 8, 2025**

## Indigenous Veteran's Day

More details to come, please follow us on Facebook or Instagram to keep up to date with announcements as they come



**November 24, 2025**

## Annual General Meeting

**Venue:** Keyano Recital Theatre  
(8115 Franklin Avenue, Fort McMurray, AB)

**Time:** 6 - 8:30 PM



**Wednesday, December 10, 2025**

## Human Rights Day Conversation Café

**Venue:** Elements Ballroom, Keyano College  
(8115 Franklin Avenue, Fort McMurray, AB)

.....  
Time to be determined, please follow us on Facebook or Instagram to keep up to date with event announcements  
.....

For more information, please contact  
**events@mcawb.org**



# MCA Programs and Services

## NOTARY CLINIC for Immigrants

Upcoming Dates:

**October 25, 2025**

**November 29, 2025**

**Syncrude Sport & Wellness Centre (Room 1312)**



## Notary Clinic

The MCA offers a free Notary Clinic on the last Saturday of every month\* to help immigrants and newcomers notarize their documents.

The Clinic helps with documents such as

- Travel document applications
- Police record certifications
- Commissioning documents

And more!

For more details, please call us at **(780) 791-5186** or email us at [welcome@mcawb.org](mailto:welcome@mcawb.org). You can also check out our website at [mcawb.org/notary-clinic](http://mcawb.org/notary-clinic) for information on what to bring, what we can notarize, and other details.

\* please note that there is no Notary clinic in December due to Winter Holidays

## Translation Services



The Multicultural Association of Wood Buffalo offers translations of documents for **Individuals & businesses in over 45 languages**



Translate documents for **Legal, Medical, Business, Personal, Technical, Education, Material** and more!

## Interpretation Services



Community Interpreters assisting individuals and businesses through cross-cultural communication in **over 25 languages**



**Face-to-face or over-the-phone** interpretation available



**24 Hour Availability\***



**Certified Interpreters Available**



MULTICULTURAL ASSOCIATION OF WOOD BUFFALO

**Interpretation & Translation Services**

**(780) 791-8960**

[iandt@mcawb.org](mailto:iandt@mcawb.org)

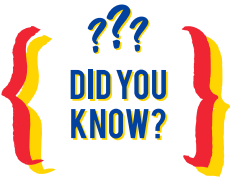
Visit [mcawb.org/language-services](http://mcawb.org/language-services) for more information!



# Cultural Awareness: The Country of Venezuela

Would you like to see your culture featured in the next MCA Newsletter?

Contact [communications@mcawb.org](mailto:communications@mcawb.org) to learn how!



- The official language spoken in Venezuela is Spanish
- The name Venezuela means "little Venice", due to the fact that the houses on Lake Maracaibo reminded early explorers of the city of Venice, Italy.
- The national symbols that represent Venezuela are:
  - El Araguaney - declared the national tree on May 29, 1945
  - El Turpial - declared the national bird on May 23, 1958
  - La Orquidea - also known as Flor de Mayo (May Flower) It was first discovered in northern Venezuela in 1894 and was declared as the national flower on May 23, 1951
- Venezuela is home to the world's highest, uninterrupted waterfall. Angel Falls reaches a total height of 979 meters (3, 212 feet) and is located in the Guiana Highlands.
- Mount Roraima is the highest mountain plateau of the Pakaraima chain in South America, standing at 2,810 meters (9,219 feet) high. It is around two billion years old, making it one of the oldest geological formations on Earth.
- Venezuela possesses the world's largest oil reserves - and their gas prices are some of the cheapest in the world!
- Venezuela is known as the most active area for lightning strikes in the world. This weather phenomenon is known as El Catatumbo lightning and, during powerful storms, there can be up to 28 strikes of lightning per minute.
- Venezuela is the country with the most wins in international beauty pageants with 7 wins for Miss Universe, 6 wins for Miss International, 6 wins for Miss World, and 2 wins for Miss Earth.
- The greeting traditions of Venezuela for if you know a person differs. For women to women or women to men, you can kiss the person on the cheek as a greeting. However, for men to men, you give a big hug as a greeting.

## Spanish to English

Hola - Hello

Chevere - cool, great, fantastic

## Venezuelan Festivals and Traditions

### **Carnival (February Festival)**

Carnival is the largest and most celebrated holiday in Venezuela. Featuring elaborate street parties, music, Madamas (women in colorful dresses) and burriquetas (costumed dancers), this festival is more than just a celebration - it is a huge part of Venezuelan culture that reflects the diversity and cultural richness of the country. Carnival dates back to colonial times when Venezuela was under Spanish rule; however, over time, the holiday grew into how it is celebrated today - a unique fusion of cultures that come together, regardless of age, gender or social status, to express themselves and their cultures through the joy of dance, music, costumes, and unity.

### **Christmas Patinatas (December 16 - 24)**

Venezuelans have a unique way of celebrating the holiday season that involves roller skating throughout the night until early morning Mass. This tradition originated in the 1950s.

## Cultural Heritage

The culture of Venezuela is best known for its Independence and Heritage, and the country takes large pride in its history and heritage. A prominent Venezuelan figure is Simón Bolívar, who helped liberate much of South America from Spanish rule. Other popular cultural figures are:

- Musician Gustavo Dudamel, a world-renowned conductor and prominent global figure for his musical and diplomatic contributions.
- Artist Armando Reveron, one of Venezuela's most revered and influential painters and sculptors.



# Cultural Awareness: The Country of Venezuela

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## Venezuelan Cuisine

The cultural cuisine of Venezuela is the Arepa. These are flat, round, and savory corn patties that are crispy on the outside and tender on the inside. Arepas can be eaten plain as a side, or stuffed with meat, cheese, or almost anything you like!

A form of cultural etiquette in Venezuelan culture is to say “Buen Provecho” prior to eating. In English, this means “Enjoy your meal!”



## **Venezuelan Arepas**

*Serves 5 people*

### **Ingredients**

- 2 cups of Harina Pan (corn flour)
- 1 teaspoon of Salt
- 2 ½ cups of water

### **Directions**

- Mix ingredients together to form a dough, then divide into 10 equal portions. For each portion, form a small ball and flatten with your hands into a small, thin disc (about 10 cms in diameter).
- Cook in a griddle or frying pan over medium heat for 5 minutes on each side. When cooked, slice open lengthwise to create a pocket and add your filling of choice (meat, veggie, cheese, etc.)



# Community Events

Would you like your event, program, service or resource featured in the next MCA newsletter?

Contact [communications@mcawb.org](mailto:communications@mcawb.org) to learn how!



**Caregivers Coffee**  
Come enjoy a cup of coffee and a light snack while connecting with parents and caregivers.

**Schedule:**  
9:00AM - 11:00AM  
September 3<sup>rd</sup>, 2025  
September 17<sup>th</sup>, 2025  
October 1<sup>st</sup>, 2025  
October 15<sup>th</sup>, 2025

Autism Society of Wood Buffalo

## CAREGIVERS COFFEE

**October 1 and October 15, 2025**

Hosted by the Autism Society of Wood Buffalo, this event invites you to come and enjoy a cup of coffee and a light snack while connecting with parents and caregivers of neurodiverse children/adults.

October 1st: [autismsocietyofthermwb.wildapricot.org/event-6288678](https://autismsocietyofthermwb.wildapricot.org/event-6288678)

October 15th: [autismsocietyofthermwb.wildapricot.org/event-6288680](https://autismsocietyofthermwb.wildapricot.org/event-6288680)

**Time and Location:** 9 - 11 am @ 28-117 Millenium Gate, Fort McMurray AB

**JSYF x ANZAC x CNOOC**  
**NORTHERN EATS**  
Cooking Program

Alberta Health Services

SAFE COOKING PRACTICES & TIPS | HANDS-ON EXPERIENCE | YOU CHOOSE THE MENU

**THURSDAYS IN OCTOBER**  
**5:00PM - 8:00PM**  
\*10 SPOTS AVAILABLE\*  
ANZAC RECREATION CENTRE,  
237 STONY MOUNTAIN RD, ANZAC

**FREE AGES 12-17**

**SPONSORS:**  
United Way Fort McMurray and Wood Buffalo | REGIONAL MUNICIPALITY OF WOOD BUFFALO

## YOUTH COOKING PROGRAM

**Every Thursday, starting October 2, 2025**

The Anzac Recreation Centre, CNOOC and Justin Slade Youth Foundation are collaborating to bring this hands on learning opportunity, with delicious results!

Every Thursday starting October 2nd. Limited spots available. Must register for every session

Registration is now open. Call or visit at Anzac Recreation Centre Guest Services to register (780) – 793 – 6900

**Time and Location:** 5-8 pm @ Anzac Recreation Centre (237 Stony Mountain Road, Anzac AB)

**ICAFM**  
Holy Trinity Theater Auditorium  
**GALA NITE**  
SAT, OCT 4, 2025 | MEMBERS \$55  
08:00 - 09:30PM | NON-MEMBERS \$75  
Ticket No: 001

## NIGERIAN CANADIAN ASSOCIATION 2025 CULTURAL GATHERING GALA

**October 4, 2025**

**Cost:** \$59.91

**Time and Location:** 5pm @ Holy Trinity High School (230 Powder Drive, Fort McMurray AB)

Join the Nigerian Canadian Association for a night of celebration and cultural exchange!

This will be a night of cultural highlights, and a fantastic keynote speaker while the association recognizes shining stars that are part of our local Nigerian community!

# Community Events



Would you like your event, program, service or resource featured in the next MCA newsletter?

Contact [communications@mcawb.org](mailto:communications@mcawb.org) to learn how!



## **BUFFYS 2025: WOOD BUFFALO EXCELLENCE IN ARTS AWARDS** **October 18, 2025**

**Cost:** \$130/Person or \$100/ACWB Member

Join the Arts Council Wood Buffalo for an unforgettable evening as the Wood Buffalo Excellence in Arts Awards—affectionately known as the Buffys—celebrates its tenth anniversary in spectacular style.

This year's theme, Ten Years of Midnight at the Black & White Ball, invites you to step into the elegance of Truman Capote's legendary 1966 Black and White Ball, reimagined with the vibrant creativity of our own arts community.

Experience the glamour of New York City combined with the brilliance of Wood Buffalo's finest as we honour artistic excellence across the region. The night features live performances, music, dance, art installations, delicious food, craft cocktails, and more—wrapped in mystery, magic, and masquerade.



## **FESTIVAL OF TREES 2025**

**November 15-16, 2025**

**Cost:** \$90+/Ticket

Get ready for a weekend of wonder!

Tickets for Festival of Trees 2025 go live Tuesday, September 9 at 9:00 AM. Don't miss your chance to be part of the region's most festive weekend—all in support of local health care. From gala glamour to family magic, there's something for everyone.

Learn more and get tickets: <https://ow.ly/k2Am50WQnYj>

For more information about Festival of Trees, please visit: <https://ow.ly/7hYr50WQnYk>

Friday, November 14th — Ugly Christmas Sweater Party.

Saturday, November 15th — Festival of Trees Gala

Sunday, November 16th —

2-4pm – Super Mom Hero Son Ball

6-8pm – Daddy Daughter Sugar Plum Fairy Ball



# Community Resources

Would you like your event, program, service or resource featured in the next MCA newsletter?

Contact [communications@mcawb.org](mailto:communications@mcawb.org) to learn how!



## ELL CONVERSATION GROUP

**Every Wednesday at the Wood Buffalo Regional Library**

The weekly English Language Learners (ELL) Conversation Group at the Wood Buffalo Regional Library is geared towards TFWs and other non-permanent residents (18+) who want the opportunity to practice and improve their English.

The focus is on speaking, reading, and writing, with a different topic covered at each relaxed and informal session.

No registration required.

**TAKING ACTION Against ELDER ABUSE**  
FREE TRAINING OPPORTUNITY

Oct. 2, 2025  
9:00 AM - 4:00 PM  
Red Poll Centre @ SMS Equipment Place / 1 C.A. Knight Way Fort McMurray

REGISTRATION  
Registration is required and open to service providers. Please email: [liz.aeaac@outlook.com](mailto:liz.aeaac@outlook.com) to register. Spaces are limited.

PRESENTED BY:  
Alberta Elder Abuse Awareness Council

WORKSHOP OUTLINE  
In this training participants will have the opportunity to discuss the unique nature of elder abuse and explore ways to recognize the signs. Response and referral considerations as well as facilitated group discussions focusing on local supports and resources available for older adults will also be a part of this valuable training.

St. Aidan's Society | AEAAC Alberta Elder Abuse Awareness Council

## TAKING ACTION AGAINST ELDER ABUSE

**October 2, 2025 at the Redpoll Centre (SMS Equipment Place)**

St. Aidan's Society is partnering with the Alberta Elder Abuse Awareness Council to present Taking Action Against Elder Abuse Training. Elder Abuse happens and it's not right. Increasing awareness and having trained professionals to support people and families is part of the solution.

Please take advantage of this FREE training opportunity for you and your team.

Register by emailing [liz.aeaac@outlook.com](mailto:liz.aeaac@outlook.com)

**Time:** 9am - 4pm

**ARE YOU INTERESTED IN TAKING THE WILDLAND FIREFIGHTING COURSE**

DATES: OCT 6-11, 2025  
WHERE: CPFN MULTIPLEX

Training Includes:

- ✓ S-100A Fire Suppression & Safety
- ✓ S-185 Fire Entrapment Avoidance
- ✓ ICS-100 (Incident Command System)
- ✓ First Aid & CPR
- ✓ WHMIS/TDG (Fuel Handling)
- ✓ Hands-on fireline practice

CONTACT:  
CPFN Employment & Training Dept  
Sherril Payne  
780-881-3935  
[employment.training@cpfn.ca](mailto:employment.training@cpfn.ca)

## 6-DAY WILDLAND FIREFIGHTING COURSE

**October 6 - 11, 2025**

Are you interested in Wildland Firefighting?

Chipewyan Prairie Employment & Training is gathering names for a 6-Day Wildland Firefighting Course, running October 6-11, 2025 at the CPFN Multiplex in Janvier, Alberta.

Training includes:

- S-100A Fire Suppression & Safety
- S-185 Fire Entrapment Avoidance
- ICS-100 (Incident Command System)
- First Aid & CPR
- WHMIS/TDG (Fuel Handling)
- Hands-on fireline practice

Upon completion, participants will hold the core tickets needed to work on wildland fire crews across Alberta.

Contact: Sherril Payne – 780-881-3935 | [employment.training@cpfn.ca](mailto:employment.training@cpfn.ca)

Seats are limited – Call/text to add your name today!

# Community Resources



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Contact [communications@mcawb.org](mailto:communications@mcawb.org) to learn how!

## ADULT TRANS SUPPORT GROUP

Every Thursday at CMHA (8530 Manning Ave, Fort McMurray AB)

Join Wood Buffalo Pride for an evening of connection and peer support! Trans Support Groups are held on the first Thursday of the month at CMHA on Manning. Gender affirming gear is available free of charge.

6-7 PM: Youth Trans Support Group & Supporting Hearts Caregivers Group

7-7:30 PM: Support Group Social

7:30-8:30 PM: Adult Trans Support Group

Adult Trans Support Group: Whether you're questioning your gender or have fully transitioned, this is a safe, positive, and supportive space for adults.

These support groups are possible in partnership with CMHA and with support by the Regional Municipality of Wood Buffalo. For more details visit [wbpride.ca/support-groups](http://wbpride.ca/support-groups)

**TRANS SUPPORT GROUPS**  
NEW DATES & TIMES!

JOIN US ON <b>THE FIRST THURSDAY</b> OF THE MONTH	<b>6-7 PM</b>	<b>YOUTH TRANS SUPPORT SUPPORTING HEARTS CAREGIVERS</b>
	<b>7-7:30 PM</b>	<b>SUPPORT GROUP SOCIAL</b>
	<b>7:30-8:30 PM</b>	<b>ADULT TRANS SUPPORT</b>

WBPRIDE.CA/SUPPORT-GROUPS

**60+ WELLNESS SERIES**  
HOSTED BY YMCA OF NORTHERN ALBERTA  
Shine On

**COFFEE CONNECT**  
AUGUST 26TH  
10:00 - 11:30 AM

**FALL PREVENTION**  
SEPTEMBER 2ND  
10:00 - 11:30 AM  
FACILITATED BY



**MENTAL HEALTH STRATEGIES**  
OCTOBER 7TH  
10:00 - 11:30 AM



## 60+ WELLNESS SERIES: MENTAL HEALTH STRATEGIES

Next session - **October 7, 2025 @ YMCA Eagle Ridge Community Centre (301 Sparrow Hawk Dr., Fort McMurray AB)**

Check out what is going on in the upcoming 60+ Wellness Series sessions.

For more information please contact Amanda Macintosh at [amanda.macintosh@mcanab.ca](mailto:amanda.macintosh@mcanab.ca) or 780-978-4565.

## 2025 CAREER EXPLORATION FAIR

**October 8, 2025**

Calling All Businesses, Organizations & Job Seekers!

The 2025 Career Exploration Fair is coming to Anzac Recreation Centre and you're invited!

Hosted by Willow Lake Métis Nation & Fort McMurray 468 First Nation

Attendees:

**FREE** entry

Network with local employers & training providers  
Discover exciting career opportunities

**Time and Location:** 9am - 3pm @ the Anzac Recreation Centre (237 Stony Mountain Road, Anzac AB)

**2025 CAREER EXPLORATION FAIR**  
October 8, 2025 (9:00 am - 3:00 pm) Anzac Recreation Centre - 237 Stony Mountain Road, Anzac, AB

**JOIN US!**

**KEYNOTE SPEAKER**  
Tantoo Cardinal

Whether you're a student mapping your future or a curious attendee exploring new career paths, this event has something for everyone:

- Hiring Companies
- Education Exhibitors
- Hands-on Workshops
- Career Development Sessions
- Food & Refreshments
- Door Prizes
- Free Admission & Parking

Engaging Interactions  
Must-Know Info  
Explore Opportunities

For registration and sponsorship opportunities, please contact [r.davey@wlmn.ca](mailto:r.davey@wlmn.ca)



# Community Resources

Would you like your event, program, service or resource featured in the next MCA newsletter?

Contact [communications@mcawb.org](mailto:communications@mcawb.org) to learn how!

## Career Fair 2025

Presented by Career Leap & Career Reach  
Launch Your Future With the Right Opportunity!



## FORT MCMURRAY 2025 CAREER FAIR

**October 10, 2025**

Whether you're a recent graduate or seasoned job seeker, this is your chance to:

- Connect with leading companies across industries
- Discover full-time, part-time, internship, and apprenticeship opportunities
- Get expert advice on resumes, interviews, and career planning
- Attend on-the-spot interviews and workshops

Open to all residents of Fort McMurray and the surrounding communities.

Bring multiple couple resumes & dress business casual or professional.

**Time and Location:** 10am - 3pm @ the Unifor Local 707 A Building (10019 MacDonald Ave, Fort McMurray AB)

## 2025 JANVIER CAREER FAIR

**October 23, 2025 @ the Janvier Community Multiplex**

Save the Date!

The 2025 Janvier Career Fair is at the Janvier Multiplex.

This is your chance to connect directly with employers, industry leaders, and education providers. Explore new opportunities and take the next step in your career journey!

Brought to you by Chard Métis Nation and Chipewyan Prairie First Nation.

**SAVE THE DATE**

**2025 JANVIER CAREER FAIR**

**THURSDAY**  
October 23rd, 2025

**TIME**  
To be Disclosed

**EVENT LOCATION**  
Janvier Multiplex

**Brought to you by:**

**CHARD MÉTIS NATION** **CHIPÉWYAN PRAIRIE FIRST NATION**

Are you ready to take the next big step in your career?

The 2025 Janvier Career Fair is your chance to connect directly with education providers, employers and industry leaders.

# Community Resources



Would you like your event, program, service or resource featured in the next MCA newsletter?

Contact [communications@mcawb.org](mailto:communications@mcawb.org) to learn how!

Join us for an in-person presentation!

## REGULATION AND COMMUNICATION

**November 3rd, 2025**  
10:00AM - 11:30AM

**Unifor Hall Building**  
10019 MacDonald Ave

**Presented by:**  
Alanna Keoughan,  
M.Sc., R.SLP, S-L P (C)  
&  
Jennifer McCray,  
MSc. OT (Reg. AB)

**About the session:**  
When children are able to regulate and communicate, it becomes easier for them to connect with others, whether that's making friends, bonding with family, or joining in at school. By supporting these areas, we give children the tools they need to feel understood, build relationships, and grow with confidence.

REGISTER NOW  
SCAN ME

For questions or more information, please contact:  
Jasmine Lauzon- Community Development Coordinator  
Phone: 337-452-9334  
Email: [community@autismrnwb.org](mailto:community@autismrnwb.org)

## AUTISM SOCIETY: REGULATION AND COMMUNICATION IN PERSON PRESENTATION

**November 3, 2025**

When children are able to regulate and communicate, it becomes easier for them to connect with others, whether that's making friends, bonding with family, or joining in at school. By supporting these areas, we give children the tools they need to feel understood, build relationships, and grow with confidence.

Presented by: Alanna Keoughan, M.Sc., R.SLP, S-L P (C) & Jennifer McCray, MSc. OT (Reg. AB)

Registration required.

**Time and Location:** 10 - 11:30am @ 10019 MacDonald Ave, Fort McMurray AB

## AGE SENSITIVITY TRAINING

**Facilitated By: St Aidan's Society**

**ST AIDAN'S SOCIETY**  
RED POLL CENTER  
1 C.A. KNIGHT WAY

**THURSDAY**  
13 NOV 2025

**9:00 AM - 12:00 PM**

**COMPLIMENTARY**

## AGE SENSITIVITY TRAINING

**November 13, 2025 @ St. Aidan's Society**

Join St. Aidan's for this complimentary interactive training program where participants will gain an understanding and empathy for older adults and their expectations of aging.

**Time and Location:** 9am - 12pm @ Redpoll Centre @SMS Equipment Place (1 MacDonald Drive, Fort McMurray AB)

## Girls In Motion

**Friday November 21<sup>st</sup>**  
Ages 5-8: 10:00 am - 12:00 pm  
Ages 9-15: 12:00 - 2:00 pm  
**Shell Place Gymnasium**

**REGISTRATION FOR THIS WORKSHOP WILL OPEN ON OCT. 27TH**

## AGE SENSITIVITY TRAINING

**November 13, 2025 @ MacDonald Island Park**

Registration for Girls Inc. Fall programming is now open!

This season, Girls Inc. of Northern Alberta is offering mentoring for ages 5 and up alongside our signature programs that build confidence, leadership, and resilience.

Register on their Parent Portal here:

<https://girlsincofnorthernalberta.org/register-a-girl/> or email [pd@girlsincofnorthernalberta.org](mailto:pd@girlsincofnorthernalberta.org)

**Time and Location:** 10am - 2pm at MacDonald Island Park (1 C.A. Knight Way, Fort McMurray AB)



# Multicultural Calendar

# October 2025

You can also find our Multicultural Calendar on our website at any time by visiting [mcawb.org/multicultural-calendar/](http://mcawb.org/multicultural-calendar/)

## Monthly Observances

- Disability Employment Awareness Month (USA)
- Women's History Month (Canada)
- Black History Month (UK)
- Latin American Heritage Month (Canada)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <ul style="list-style-type: none"> <li>✓▲ Yom Kippur Jewish</li> <li>■ National Day China</li> <li>■ Independence Day Cyprus, Nigeria</li> <li>● Int'l Day for the Elderly UN</li> </ul>	2 <ul style="list-style-type: none"> <li>✓▲ Dussehra Nepal, Hindu</li> <li>■ Ghandi's Birthday India</li> <li>■ Mehragan Iran, Zoroastrian</li> <li>● Int'l Day of Non-Violence UN</li> </ul>	3 <ul style="list-style-type: none"> <li>■ Foundation Day Korea</li> <li>■ Day of German Unity Germany</li> </ul>	4 <ul style="list-style-type: none"> <li>■ Feast of St. Francis of Assisi Italy</li> </ul>
5 <ul style="list-style-type: none"> <li>■ Chuseok Korea</li> <li>■ Republic Day Portugal</li> <li>● World Teacher's Day UN</li> </ul>	6 <ul style="list-style-type: none"> <li>✓▲ Sukkot Jewish</li> <li>■ Armed Forces Day Egypt</li> <li>■ Harvest Moon Festival China, Hong Kong, Taiwan</li> <li>■ Trung Thu Vietnam</li> </ul>	7 <ul style="list-style-type: none"> <li>▲ Kathina Buddhist</li> <li>▲ Pavarana Buddhist</li> <li>● World Habitat Day UN</li> </ul>	8	9 <ul style="list-style-type: none"> <li>▲ Karva Chauth Hindu</li> <li>■ Han-Gul Day Korea</li> <li>■ Independence Day Uganda</li> <li>● World Post Day UN</li> </ul>	10 <ul style="list-style-type: none"> <li>■ Fiji Day Fiji</li> <li>■ Double Tenth Day Taiwan</li> <li>■ Curacao Day Curacao</li> <li>■ Independence Day Cuba</li> <li>● World Mental Health Day UN</li> </ul>	11 <ul style="list-style-type: none"> <li>■ Coming Out Day LGBTQ2S+</li> <li>● Int'l Day of the Girl UN</li> </ul>
12 <ul style="list-style-type: none"> <li>▲ Gahambar Ayathrem (Oct 12 - 16) Zoroastrian</li> <li>■ Dia de la Raza Mexico</li> <li>■ Day of Respect for Cultural Diversity Argentina</li> <li>■ Discovery Day Bahamas</li> <li>■ National Day Spain</li> <li>■ Nossa Senhora de Aparecida Brazil</li> </ul>	13 <ul style="list-style-type: none"> <li>✓▲ Shemini Atzeret Jewish</li> <li>✓■ Thanksgiving Canada</li> <li>✓■ Indigenous People's Day Indigenous, USA</li> <li>✓■ Columbus Day USA</li> <li>● Int'l Day for Natural Disaster Reduction UN</li> </ul>	14 <ul style="list-style-type: none"> <li>✓▲ Simchat Torah Jewish</li> </ul>	15 <ul style="list-style-type: none"> <li>▲ 'Ilm (12th Month) Bahá'í</li> </ul>	16 <ul style="list-style-type: none"> <li>■ National Boss Day USA</li> <li>● World Food Day UN</li> </ul>	17 <ul style="list-style-type: none"> <li>● Int'l Day of Eradication of Poverty UN</li> </ul>	18 <ul style="list-style-type: none"> <li>■ Independence Day Azerbaijan</li> </ul>
19	20 <ul style="list-style-type: none"> <li>✓▲ Diwali Sikh, Hindu</li> <li>■ National Heroes Day Jamaica</li> </ul>	21 <ul style="list-style-type: none"> <li>▲ Mahavira Nirvana Jain</li> </ul>	22 <ul style="list-style-type: none"> <li>▲ Birthday of the Báb Bahá'í</li> <li>■ Abu Simbel Festival Egypt</li> </ul>	23 <ul style="list-style-type: none"> <li>▲ Birthday of the Bahá'u'lláh Bahá'í</li> <li>■ Chulalongkorn Day Thailand</li> </ul>	24 <ul style="list-style-type: none"> <li>■ Independence Day Zambia</li> <li>● United Nations Day UN</li> <li>● World Development Information Day UN</li> </ul>	25 <ul style="list-style-type: none"> <li>■ Republic Day Kazakhstan</li> </ul>
26 <ul style="list-style-type: none"> <li>■ National Day Austria</li> </ul>	27 <ul style="list-style-type: none"> <li>■ Bank Holiday Ireland</li> <li>■ Labour Day New Zealand</li> </ul>	28 <ul style="list-style-type: none"> <li>■ National Day Czech Republic</li> <li>■ National Day 'Ochi' Greece</li> </ul>	29 <ul style="list-style-type: none"> <li>■ Chung Yeung Festival China, Hong Kong, Taiwan</li> <li>■ Republic Day Turkey</li> </ul>	30	31 <ul style="list-style-type: none"> <li>▲ Samhain Pagan, Wicca</li> <li>■ Halloween Canada, USA</li> <li>■ Reformation Day Chile</li> </ul>	



# Multicultural Calendar

## November 2025

You can also find our Multicultural Calendar on our website at any time by visiting [mcawb.org/multicultural-calendar/](http://mcawb.org/multicultural-calendar/)

### Monthly Observances

- National Indigenous Month (USA)
- Oct-Nov Iroquois Harvest Ceremony (Iroquois Indigenous)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1  ▲ All Saints' Day Christian ■ Revolution Day Algeria ■ Independence Day Antigua, Barbuda
2 DAYLIGHT SAVINGS TIME ENDS International  ▲ All Souls Day Christian ■ Dia de los Muertos Mexico ■ Dia de Finados Portugal	3  ▲ Qudrat (13th Month) Bahá'í ■ Bunka No Hi Japan ■ Separation Day Panama ■ Independence Day Dominica	4  ■ Constitution Day Dominican Republic	5  ▲ Lokashah Jayanti Jain ■ Take Our Kids to Work Canada ■ Guy Fawkes Day UK, England	6  ● Int'l Day for Preventing the Exploitation of the Environment UN	7	8  ■ Indigenous Veteran's Day Canada, Indigenous
9  ■ Independence Day Cambodia	10	11  ✓ ■ Remembrance Day Australia, Canada, UK ■ Veteran's Day USA ■ Armistice Day Poland ■ Independence Day Poland	12	13  ● Int'l World Kindness Day UN	14  ● World Diabetes Day UN	15  ✓ ▲ Guru Nanak's Birthday Sikh ■ Shichi-Go-San Japan ■ Republic Day Brazil ■ National Day Palestine
16  ● International Day of Tolerance UN	17	18  ■ Independence Day Latvia, Morocco	19  ■ Discovery Day Puerto Rico ● International Men's Day UN ● World Toilet Day UN	20  ■ Transgender Day of Remembrance LGBTQ2S+ ■ National Sovereignty Day Argentina ● Universal Children's Day UN	21  ● World Television Day UN	22  ▲ Qawl (14th Month) Bahá'í ■ Independence Day Lebanon
23  ■ Kinro Kansha No Hi Japan	24	25  ■ St. Catherine's Day Canada, France ■ National Day Bosnia ● Int'l Day for Elimination of Violence Against Women UN	26  ▲ Day of Covenant Bahá'í	27  ▲ Ascension of Abdu'l-Bahá; Bahá'í ✓ ■ Thanksgiving Day USA	28  ■ National Day Panama ■ Independence Day Albania	29  ● Int'l Day of Solidarity with Palestinian People UN
30 ▲ First Sunday of Advent Christian ■ St. Andrew's Day Scotland, Romania ■ Independence Day Barbados	▲ Martyrdom of Guru Teg Bahadur Sikh					



# Multicultural Calendar

## December 2025

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### Monthly Observances

- Universal Human Rights Month (UN)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> ■ Rosa Parks Day USA ■ Independence Day Portugal ● World AIDS Day UN	<b>2</b> ■ National Day Laos, Romania, UAE ● Int'l Day for the Abolition of Slavery UN	<b>3</b> ● Int'l Day for Disabled Persons UN	<b>4</b>	<b>5</b> ■ Discovery Day Haiti ● Int'l Volunteer Day for Economic & Social Development UN	<b>6</b> ▲ St. Nicholas Day Christian, Dutch, Eastern Europe, Germany ■ Constitution Day Spain ■ Independence Day Finland
<b>7</b> ■ Pearl Harbour Day USA ● Int'l Civil Aviation Day UN	<b>8</b> ▲ Feast of the Immaculate Conception Christian ▲ Bodhi Day Christian	<b>9</b> ■ Independence Day Tanzania ● Int'l Anti-Corruptions Day UN	<b>10</b> ■ Constitution Day Thailand ● Human Rights Day UN	<b>11</b> ▲ Masá'íl (15th Month) Bahá'í ● Int'l Mountain Day UN	<b>12</b> ■ Jamhuri (Independence Day) Kenya ■ Our Lady of Guadalupe Mexico	<b>13</b> ✓ ▲ Aga Khan's Birthday Islam Ismaili ■ Luciadagen Sweden
<b>14</b> ✓ ▲ Hanukkah (Dec 14 - 22) Jewish	<b>15</b> ■ Bill of Rights Day USA	<b>16</b> ■ Posadas Mexico ■ Day of Reconciliation South Africa ■ Bijoy Dibash Bangladesh ■ Independence Day Bahrain	<b>17</b> ■ National Day Bhutan	<b>18</b> ■ Independence Day Qatar ● Int'l Migrants Day UN	<b>19</b>	<b>20</b> ● Human Solidarity Day UN
<b>21</b> WINTER SOLSTICE International ▲ Yule Pagan, Wicca	<b>22</b> ▲ Tohji-Tasai Shinto	<b>23</b> ▲ Joseph Smith's Birthday Christian - Mormon	<b>24</b> ■ Independence Day Libya	<b>25</b> ✓ ▲ Christmas Day Christian ■ Navidades Puerto Rico ■ Jinnah's Birthday Pakistan	<b>26</b> ✓ ▲ Death of Prophet Zarathustra Zoroastrian ✓ ■ Boxing Day Canada, Ireland, UK ■ Kwanzaa (Dec 26-Jan 1) African, Canadian, USA ■ Wren Day/St. Stephen's Day Ireland ■ Junkanoo Bahamas	<b>27</b>
<b>28</b>	<b>29</b> ■ Suez Victory Day Egypt ■ Independence Day Mongolia	<b>30</b> ▲ Sharaf (16th Month) Bahá'í ■ Rizal Day Philippines	<b>31</b> ▲ Gahambar Maidyarem (Dec 31-Jan 4) Zoroastrian ■ Omisoka Japan ■ Hogmanay Scotland			



# Member Marketplace

## Community Resources and Organizations



**United Way  
Fort McMurray &  
Wood Buffalo**  
www.fmwbunitedway.com  
info@fmwbunitedway.com  
780.791.0077



**RMWB Pulse Line**  
780.743.7000



**McMurray Regional  
Law Office**  
www.mcmurrayregionallaw.ca  
info@mcmurrayregionallaw.ca  
780.750.9888



**Wood Buffalo  
Food Bank**  
woodbuffalofoodbank.com  
ea@woodbuffalofoodbank.com  
780.743.1125



**Wood Buffalo  
Housing**  
wbhousing.ca  
info@wbhousing.ca  
780.799.4050



**Fort McMurray Public  
School District**  
www.fmpsdschools.ca  
info@fmpsds.ab.ca  
780.799.7900



**The Hub Family  
Resource Centre**  
thehubfrc.ca  
inquiries@thehubfrc.ca  
780.743.9225



**Canadian International Immigrant  
& Refugee Support Association  
(C.I.I.R.S.A.)**  
ciirsa.ca  
ciirsafortmcmurray@ciirsa.ca  
780.429.4553



**KidSport**  
kidsportcanada.ca/alberta/wood-buffalo/  
woodbuffalo@kidsport.ab.ca  
780.790.9236



**Justin Slade Youth Foundation**  
communications@jsyf.ca  
780.715.0010



**Fusesocial**  
www.fusesocial.ca  
780.791.9333



**Mandla's Foundation**  
Mandla-foundation.org  
Connect@mandla-foundation.org  
780.531.8707



**YMCA of Northern  
Alberta**  
northernalberta.ymca.ca  
**Immigration &  
Settlement Services**  
newcomers@northernalberta.ymca.ca



**Keyano LINC**  
keyano.ca/LINC  
english@keyano.ca  
780.792.5706



# Member Marketplace

## Local Member Cultural Organizations and Artisan Marketplace



**Fort McMurray  
Botswana Association**



**Nayti Foodtrip et.al**  
tinramos12@yahoo.com



**Colombians in  
Fort McMurray**



**Tobacco & Tulips**



**Bangladeshi Society  
of Wood Buffalo**



**Balloon Moose Studio**  
balloonmoose.ca  
balloonmoosestudio@gmail.com  
780.607.0049



**Fort McMurray Aurora  
Ukrainian Dancers and  
Cultural Society**  
fortmcmurrayavroradancers.ca  
fortmcmurrayavroradancers@outlook.com



**Fusion K Foodies**  
fusionkfoodies2022@yahoo.com  
780.607.4336



**Fort McMurray Chinese-  
Canadian Cultural Society**



**Sunday Coffee Roaster**  
Coffee.Sunday@yahoo.com  
780.370.3837



**Nigerian Canadian Association  
of Fort McMurray**  
ncafm.ca



**Oh My Goods**  
(780) 531-0449



**RMK Llemit Inc.**  
ronald.llemit1973@yahoo.com  
780.972.0312



**Spirit Creative**  
spirit-creative.com  
spiritcreativetd@gmail.com